

Spiritual Formation:

How do traditional values in native cultures impact who you are? "It is not the events of history or today, but how those events impact who you are spiritually, intellectually, and culturally that define their importance." -Ray Buckley

Where are you on the path as it stretches before you? Will it be straight, narrow or wide?

Native Moccasins Rock is rocking with 20 years of a powerful weekend-more than a good time; it is a powerfully good time. This is a milestone – to reach 20 years with the ups and downs of challenges.

Through the years, we have been committed to bringing leadership top in their fields to Mocs Rock. We have used the phrase 'understanding through education' every year. We will give a quick overview of the past, look at our present and look to the future.

We encourage you to join some of the sessions that are not 'make and take'. They are all good! Our leadership provides some great learning tools that you can take back and share.

FRIDAY NIGHT AT 7:45 pm

Walk to the lake in remembrance of MMIW-missing and murdered indigenous women

Native Moccasins Rock is intergenerational

All ages are welcome as the journey continues. **Please note:** children under six shall have a parent/adult with their class activity. *During breaks and free time, children and youth are the responsibility of the accompanying parent and/or youth leader.*

The Lake is NOT open for swimming. Supervision will be by the accompanying adult and not the staff of Lake Benson or CONAM of the United Methodist Church.

SMOKING is NOT allowed in any building on the property. This affects their camp rating. DO NOT smoke in buildings. Walk away from any of the structures and please do not discard cigarette or tobacco products on the ground. E Cigs are also not allowed in the buildings. Please set an example for our children and youth. NO alcoholic beverages are allowed.

There are pictures online if you would like to check out the camp. Lakebenson.org Meals begin with Friday evening. They are served cafeteria style. Please advise of food allergies. We do provide for gluten free.

REGISTRATION FORM Deadline: August 5-call if needed.Late Registration: August 9 for meals
Make check payable to:
 Contact *Mary T* for card payments
 TN CONFERENCE UMC
 Mail to: Mocs Rocks, Attn: Mary T Newman
 PO Box 4
 Ashland City, TN 37015
Questions: Mary T (text if voice mail full)
 Contact: 615-308-4495
nativeamericantn@gmail.com

Lake Benson Camp
6200 HWY 100
Bon Aqua, TN 37025

Registration section to mail in

Name: _____

Address: _____

Email: _____

Primary Phone: _____

*Tribal affiliation, if any: _____

*Denomination, if any: _____

*Not required but helpful for our grant writing

Housing: Male _____ Female _____
 Great Dorms!

Weekend/two nights \$90 _____

Weekend/alternate lodging \$55 _____

Weekend/one night \$55 _____

Saturday/2 meals \$50 _____

Saturday night music/dance *if not registered \$10 _____

Material fees if apply \$ _____

TOTAL \$ _____

Please write in 4 choices – we will try to fill the top 3 workshops paying attention if a choice has two sessions to complete.

1. _____
2. _____
3. _____
4. _____

NATIVE MOCCASINS ROCK

Celebrates 20 Years!

AUGUST 12-14, 2022

This year's theme: Our past, our present, our future



Sponsored by Native American Ministries (known as CONAM) of the TN-Western KY Conference of the United Methodist Church.



2022 SCHEDULE

Friday	Time	Location
Check In	4:00 –6:00	Lodge
Dinner	6:30	Dining Hall
“MMIW”	7:45-9:00	Lake
Saturday		
Breakfast	7:30-8:30	Dining Hall
Registration	8:00-9:00	Dining Hall
Orientation	9:30-10:00	Dining Hall Attend!!
Workshop 1	10:15-11:45	Map
Lunch	12:00-1:00	Dining Hall
Time For Spirit	1:15-2:15	Dining Hall
Workshop 2	2:30-4:15	Refer to map
Free Time	4:15-5:45	GYM vendors open
Dinner	6:00-7:00	Dining Hall
Moccasin Rocks	7:30	Dining Hall
Sunday		
Breakfast	7:30-8:30	Dining Hall
Workshop 3	9:00-10:45	Refer to map
Closing Circle	11:15-12:00	Dining Hall

Fire Cider: *Led by Debbie Dickie.* You will ‘make a pint’. **Workshop 1** \$6 fee

Food as Medicine: *Led by Debbie Dickie.* We are what we eat! **Sunday**

More Than a Word: *Led by Jeffery Hobbs* Understanding the mascot issue-so much more than ‘sticks and stones may break my bones’ **Workshop 2.**

Women’s Potlach: Led by Mary T We revisit a time for women and teen girls. **Workshop 2.**

Languages: *Led by our native speakers* **Workshop 1**

Genealogy: *Led by Margie Hesson* Basics of the search for family **Limited class size Workshop 3.**

And now the seeds depend on us. *Led by Charlotte Hagood* How to start and sustain a seed bank- seeds are now dependent on us. **Workshop 3**

Understanding Dance: *Led by Teah and Carolina Plumlee* Fancy Shawl and Traditional Dance-join us in the circle with your new dance steps **Workshop 1**

ART THROUGH CULTURE And TRADITION

Basic Beading: *Led by Tonya Dockery.* **Workshop 2**

Our Story Teller, Tonya Will share stories throughout the weekend.

Pine Needle Jewelry: *Led by Beckee Garris* Requires two sessions **Workshop 2 and Sunday \$10 fee**

Pottery: *Led by Gary White.* Indigenous Clay and tools provided. Workshop1 OR Sunday **\$10 fee, includes mailing**

Flintknapping Led by *Frankie Lackey* **Workshop 2** *no children under 12.

Loom Style Beading *Led by Juanita Gardinski* Learn the basics of loom beading. Requires 2 classes. **Workshop 1 and Sunday**

Loom Weaving for straps, etc. : *Led by Carol Schwab.* Set up loom and weave i.e. a sash.*\$25.00 material fee. You will take home a wooden loom + yarn. ***Workshop 2 and Sunday.**

Ah Shucks! Corn Shuck dolls for ALL- *Led by Charlotte Hagood* Anyone can make a corn shuck creation! **Workshop 2**

Paper Weaving *Led by Loretta Bolden* Traditional basket designs woven and suitable for framing. **Sunday.**

Medicine Bag: *Led by Debbie Fitzhugh.* Understanding the medicine bag. Create your own. **Sunday**

Primitive Tools, weapons and techniques: *Led by Frankie Lackey.* Fire starting and more.

Classes requiring two sessions – please notice the times so you can pick your *third* choice. We will also look at your fourth choice in order to balance the workshops.

Children 10 and under:

Saturday Workshop 1: art contest
Saturday Workshop 2: Beading for Kids:Sunday
Workshop 2: Corn Shuck Dolls

EXTRA INFO:

We will have safety/health protocols in place.

Workshop 1 is Saturday 10:15
Workshop 2 is Saturday 2:30
Workshop 3 is Sunday 9:00

Time for Spirit is for everyone in the dining hall. Please attend.

During scheduled times PLEASE do not be walking around on the grounds or staying in the dorms. Our leadership are generous of their time and knowledge. *There will also be workshops in the dorm meeting areas.

NO ONE at the lake unless with an adult.

There is space for refrigerated medication if needed. Please see Mary T

At meals, seconds on food have to be after everyone is served.

Check out our site:
Moccasinfootprints.org

And
[United Methodist Works to Preserve Native American Heritage - YouTube](#)