

Program Resources



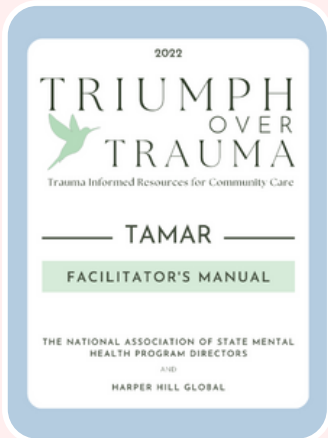
TRIUMPH OVER TRAUMA

Del Trauma al Triunfo

Access our materials and resources at:
www.TriumphOverTrauma.info

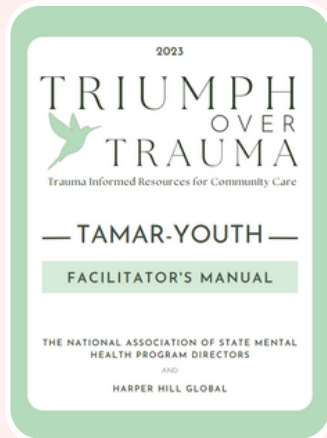


Facilitator Manuals



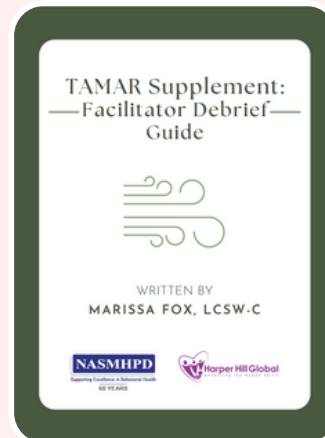
TAMAR Facilitator's Manual helps you lead a 7-session psychoeducational group that assists in recovery.

(Available in Spanish)

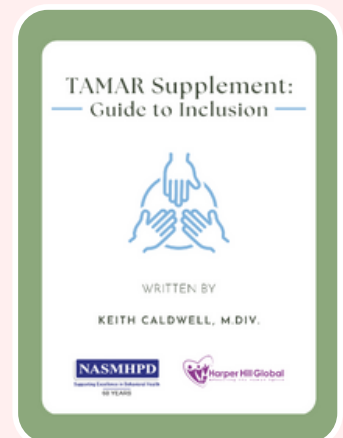


TAMAR-Youth Facilitator's Manual helps you lead a small psychoeducational group that helps adolescents and young adults on their path to recovery.

Supplementary Guides



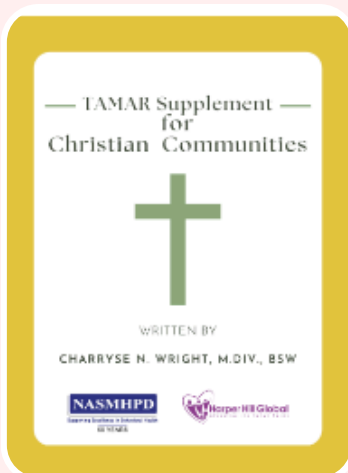
The **Facilitator Debrief Guide** provides guidelines for self-reflection, responding to participant trauma experiences, and debriefing.



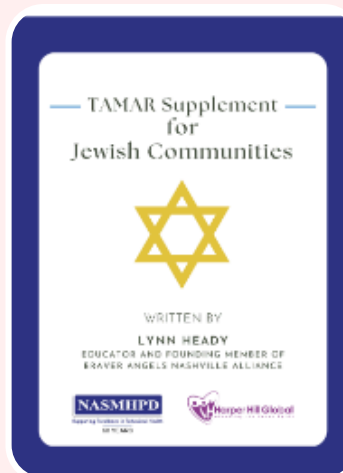
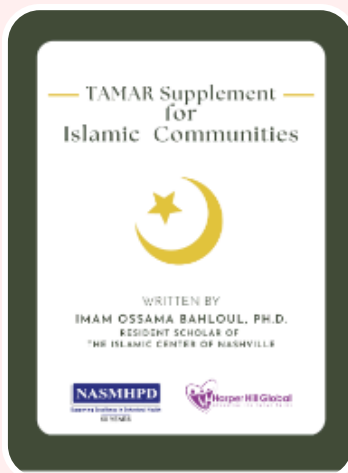
Guide to Inclusion addresses the traumatic effects of racism, acknowledging how theology has often been appropriated to oppress black people.

Faith-based Context Supplements

Special supplements for faith communities in Christian, Jewish, Islamic, and Native Americans contexts are available to illuminate the lessons of TAMAR through the lenses of faith and culture.



(Available in Spanish)





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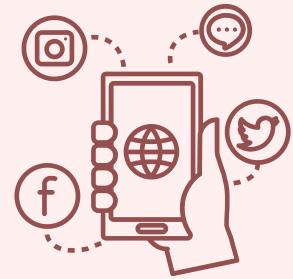
Additional Resources



Adapted animated videos that include interviews with TAMAR participants



“Women Arise” Podcast Series interviews authors and contributors in various contexts of trauma



Social media guide with videos and sample posts for promotion



“I Am Whole” commissioned song, by Tameka Ferebee to be sung in congregations



Free daily messages for inspiration. Text HOPE to <https://m.me/HarperHillGlobal>



Register for our monthly newsletter to get the latest news & opportunities





TRIUMPH OVER TRAUMA



Del Trauma al Triunfo

Led by Rev. Neelley Hicks

Get Equipped!

With free Triumph Over Trauma resources and training, your house of prayer can become a house for healing.

You'll learn how to:

- identify trauma & its effects
- recognize personal triggers & not be controlled by them
- release shame & resentment
- facilitate Triumph Over Trauma workshops, retreats, and groups in your community

"I had no idea the lasting effects trauma would have on my whole life. The Triumph Over Trauma group deals with the whole picture and has given me the courage to trust myself and believe in the goodness of people and life again."

— Kim, Group Participant



Next Facilitator Training

Thursday, October 10, 2024
9 AM - 1:30 PM CT

Register now!

TriumphOverTrauma.INFO



Supporting Excellence in Behavioral Health

60 YEARS



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